

Nitrous Oxide Consent

Local Anesthesia

You may be given local anesthesia. LOCAL ANESTHESIA will produce a numb feeling in the area being operated on and only pressure will be felt during the procedure. You will be awake and aware of the procedures, but there will be no pain or significant discomfort.

- Have a light meal a few hours prior to the procedure
- For more extensive procedures you may wish to have someone drive you home or stay home from Work/School.
- Plan to rest for a few hours after the procedure

You may choose to add **NITROUS OXIDE ANALGESIA** as a *supplement* to anesthesia.

Use of nitrous oxide requires that we obtain your consent.

Nitrous Oxide Analgesia

NITROUS OXIDE is also known as “laughing gas.” You will be relaxed and somewhat less aware of your surroundings, as well as less responsive to minor discomfort, and you may or may not recall much of the procedure. Nitrous Oxide causes short-term decreases in mental performance, audiovisual ability, and manual dexterity. Nitrous Oxide commonly causes auditory distortions and realistic dream state. Nitrous Oxide is breathed through a small mask and, after a state of relaxation is reached, local anesthesia is administered.

Nitrous Oxide has a few lasting effects, and you usually may drive safely after a fairly brief recovery time. However for safety precautions, its use does require some precautions on your part. Thus, it is important that you read and understand the information below and that you prepare by following the instructions carefully. **If you are unclear about anything please contact Dr. Smith @ 972-820-2022.**

- Recovery time from nitrous oxide is usually very short, but may be prolonged, requiring you to remain in the office for some time after surgery. Rarely, you may be unable to drive home alone. Thus, it is best to arrange for a responsible friend or family member to be “on call” for such possibility.
- Although not usually required, it may be best to have a responsible adult accompany you to drive you home.
- You may have a light meal few hours prior to your appointment.
- Petechiae: Petechiae are small red or purple spots on face, neck, and/or shoulders caused by broken capillary blood vessels. These can commonly occur during coughing, vomiting, or crying. Petechiae in these instances are harmless and will disappear on their own within a few days.
- Plan to rest for the remainder of the day. **(School/ Work notes are available upon request at the front).**

I understand that the use of nitrous oxide, although usually safe and without lasting consequences, may affect me differently. I am prepared to deal with any undesirable side effects of nitrous oxide and understand that those possibilities listed above, as well as others not considered may occur. I agree to the use of Nitrous Oxide Analgesia (“laughing gas”) to supplement the local anesthesia planned for my procedure. I have read and understand the foregoing, and I have had the opportunity to discuss any questions I may have regarding the foregoing with Dr. Smith.

Parent or guardian: _____ Date: _____